

Oven Fried Chicken

INGREDIENTS

- 4 boneless skinless chicken breasts, cut into 3 strips or use tenderloins
- 5 tbsp butter
- 1 cup all purpose flour
- 1 tbsp seasoning salt
- 1/2 tsp salt
- 1/2 tsp pepper
- 2 tsp paprika

INSTRUCTIONS

1. Preheat oven to 400 F. Place butter on a large baking sheet and place in the oven to melt. Once butter is melted remove from oven.
2. Add flour, seasoning salt, salt, pepper and paprika in a large ziploc bag. Add 3 pieces of chicken at a time and shake to coat.
3. Place coated chicken strips on the baking sheet, leaving a space between each strip. Bake 10 to 12 minutes, flip chicken with tongs, then bake another 10 to 12 minutes or until inside is cooked through.
4. Serve immediately and enjoy!